Sparrows

Easy Read

Decision Making and Choice Policy and Procedure

© Purpose

We want participants to have **choice and control** over their lives .

We help people make decisions that are safe, fair, and right for them ightharpoonup.

If someone has trouble making decisions, we support them with a carer, family member, or legal decision maker \gg .

Who This Is For

- All participants 🚴 🙏
- All staff
- Anyone helping with decisions 🤗

Key Words

- Impaired Decision-Making: Trouble making a decision at the time X 22
- Supported Decision Making (SDM): Help to understand info and make choices
- Responsible Person: Someone who can say yes/no for some decisions if no legal person exists

- Substitute Decision Maker: Legally appointed person for serious decisions in
- Informed Consent: Understanding and agreeing to a choice, can change mind anytime 🖐 🔽
- Communication Support: Tools or interpreters to help understand info | > \
- Dignity of Risk: Letting people make choices even if there's some risk 🎄 🔭

Principles

- Everyone can make decisions unless assessed otherwise
- Decision-making can change with time or situation 🔯 🔄
- · Participants should make their own choices wherever possible 🔀
- Staff provide support and clear info for those who need it
- Balance risk with choice 4
- Staff cannot override choices just because they disagree
- Staff are trained in consent and SDM

Dignity of Risk

Participants can make choices even if there's some risk



- · Staff help by:
 - 。 Explaining risks & benefits 🗘 🔽
 - Finding ways to stay safe ()
 - Supporting goals and values @
- Decisions and plans are documented > =

****** How We Do It

1. Supporting Decision Making

- Ask who the participant wants to help them decide
- Provide communication support if needed >
- Use medical info and observations but still focus on participant choice (1) (1)

2. Checking Capacity

- Look at why capacity is in question ?
- Gather info: staff, carers, reports, legal orders
- Decide if SDM is needed ✓

3. Consent

- Respect existing consent agreements
- Some decisions need carer or legal consent
- Document in OneDrive & Splose 💾

4. Monitoring Outcomes

Check if choices worked as intended

Record any issues or changes

5. Conflict or Disagreements

- Escalate to **Director** if needed **4**
- Use advocates or guardians for support

6. Record Keeping

- Keep all decisions, SDM agreements, and risk discussions
 safe and private
- Records ready for audit or NDIS reporting

This is your Easy Read guide to **Decision Making and Choice**. If you want the **full policy**, please ask us.