



# Participation and Integration Policy (Simple English)

## 1. Purpose

This policy explains how Soaring Sparrows helps participants:

- Join their community and take part in activities
  - Make friends and social connections
  - Learn skills and become more independent
  - Follow their goals, preferences, and cultural identity
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## 2. Who This Policy Applies To

- All **participants** of Soaring Sparrows
  - All **staff, contractors, and volunteers** who support participants
  - **Families, carers, and advocates** involved with participants
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## 3. Key Terms

- **Participant:** Someone receiving support or services from Soaring Sparrows
- **Community Participation:** Taking part in social, cultural, recreational, work, or community activities
- **Inclusion:** Making sure participants feel welcome and can join activities
- **Independence:** Being able to make choices and do things for yourself with help if needed
- **Dignity of Risk:** Allowing participants to take safe risks to learn and grow
- **Person-Centred Approach:** Planning support based on what the participant wants and their strengths
- **Staff / Contractors / Volunteers:** People who work for or with Soaring Sparrows to provide support
- **Family / Carer / Advocate:** People who help or speak up for participants

- **Reasonable Adjustments:** Changes or support to remove barriers and help participants join activities
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#### 4. Policy Statement

Soaring Sparrows will:

- Help participants join **social, cultural, work, and recreational activities**
  - Support participants to **learn skills, gain confidence, and be independent**
  - Include participants in **decisions about their support**
  - Respect participants' **goals, culture, and choices**
  - Remove **barriers** that stop participants from joining their community
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#### 5. Responsibilities

**Director / Management:**

- Make sure services **support choice, participation, and community connections**
- Train staff on **person-centred support and community inclusion**
- Build **partnerships with community organisations**

**Staff / Contractors:**

- Encourage participants to take part in activities they enjoy
- Help participants **build independence, social skills, and confidence**
- Respect **culture, language, and personal choices**
- Monitor and manage **risks**, while allowing safe independence

**Participants:**

- Share their **goals and interests** with their coordinator
  - Take part in activities in a **safe and comfortable way**
  - Tell staff about **barriers or preferences**
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#### 6. Procedures

**Assessment and Planning:**

- Set participation goals with participants
- Plan support based on **strengths, interests, and culture**

#### **Supporting Community Access:**

- Help participants use **community services**, like sports, volunteering, or cultural events
- Make **reasonable adjustments** so everyone can join

#### **Skill Development:**

- Give chances to **practice independence, social, and communication skills**
- Review progress and adjust support as needed

#### **Risk Management:**

- Assess **risks** with participants
- Respect **dignity of risk** while keeping participants safe

#### **Feedback and Review:**

- Ask participants for **feedback**
- Adjust supports and activities based on **feedback and changing goals**

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## **7. Review**

This policy will be reviewed every **two years**, or sooner if:

- Laws or rules change
- Feedback shows improvements are needed
- Audits, reviews, or incidents show a gap