



# Easy Read

## Human Rights and Freedom from Abuse Policy

### ★ What this policy is about

Everyone has **human rights**.

At Soaring Sparrows, we make sure your rights are:

- ✓ Respected
- ✓ Protected
- ✓ Never ignored

We do not allow:

- ✗ Abuse
- ✗ Neglect
- ✗ Exploitation
- ✗ Violence

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### 👤 Your Rights include

- 🙋 Being treated with respect and dignity
  - 🗣️ Having a say in your life and choices
  - 🏠 Being safe at home and in the community
  - 🔒 Having your privacy protected
  - 🎓 Getting education and information
  - 🩺 Getting health care and support
  - ⚖️ Being free from unfair treatment
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## **What to do if you feel unsafe**

If you feel you are being:

 Hurt

 Ignored






 Taken advantage of

 You should tell someone straight away.

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## **What we will do**


Soaring Sparrows will:

-  Listen to you
  -  Take your concern seriously
  -  Act quickly to keep you safe
  -  Report to the NDIS Commission or police if needed
  -  Support you with an advocate, family, or friend if you choose
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## **Who to talk to**


- **Director: Kathryn Soar**

 Email: KathrynS@soaringsparrows.com.au

 Phone: 0431 753 950

Or you can contact:

- **NDIS Commission**  1800 035 544 |   
[www.ndiscommission.gov.au](http://www.ndiscommission.gov.au)
  - **Police**  000 (if you are in danger)
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 This is your Easy Read guide to Human Rights and Freedom from Abuse.

If you want the **full policy**, please ask us.